

Communication psychology (Y-010)

(SUHTLEMISPSÜHHOLOOGIA)

(Психология общения)

SUBJECT DESCRIPTION

Credits (ECTS)	5.00 ECTS
Assessment	pass/fail

Aim of the subject and short description

The course gives an overview of themes and basic concepts in psychology; special focus is put on promoting communication skills and knowledge by completing and analysing practical assignments. Participants get feedback on their behaviour and performance which allows them to further develop communication skills and attitudes. The obtained knowledge broadens the range of processes students consciously manage in cooperation with partners. The course will address the definitions and approaches of time management, assess the benefits of time management, the use of time and the basic principles of time management and establish objectives and priorities.

Learning outcomes:

Student:

- 1. Is able to link theoretical approaches and analyse communication processes and behaviour on the basis of their knowledge
- 2. Is able to point out the communication techniques used by people and the appropriateness thereof based on an analysis of the communication situation
- 3. Is able to choose the appropriate communication techniques in specific situations
- 4. Understands the principles of time management and the benefits thereof
- 5. Is able to establish objectives and priorities
- 6. Knows the basic terminology of psychology and its main theories